



ITINERANT COACH PROJECT 2017.

1. PROJECT OUTLINE.

COMEBA would like to start the implementation of its ***Itinerant Coach Project***. This project provides for the visit of a qualified and experienced coach, on request, to COMEBA member Associations / Federations in order to conduct a week's Training Camp for the better players and coaches.

All National Associations / Federations, which are members of COMEBA, will be invited to apply to participate in this project – with particular emphasis on the developing nations.

Preference will be given to the developing National Associations within the COMEBA membership structure and priority would be allocated to Training Camps intended for junior players as well as their respective coaches.

During the week's stay as a guest of the requesting National Association / Federation, the latter could also avail itself of the opportunity to take the visiting coach to local schools in order to promote Badminton among the students and their PE teachers.

The operational costs to be covered by COMEBA would relate to:

- ✓ The return air travel costs in Economy class of the coach.
- ✓ The remuneration of the coach, calculated at a pre-agreed daily rate.

The hosting National Association would be required to cover:

- ✓ The full-board accommodation cost for the coach in a local three-star hotel.
- ✓ All internal transport, including airport transfers.
- ✓ The provision of sports halls, shuttlecocks etc...
- ✓ Promotional costs among its members and in the local media.

COMEBA would provide Attendance Certificates to the participating players and coaches at the end of each Camp. Grading of coaches could also be carried out by the visiting tutor, based on their performance in a combined theoretical and practical test conducted at the end of the Training Camp.



In addition to the hosting National Association's specific requests, the following are the typical topics that the visiting coach could tackle during the Camp, particularly with the attending coaches:

- Physical and Psychological Preparation.
- Prevention of / Recovery from Sports Injuries.
- Strength Training.
- Footwork Routines.
- Strokes, with particular emphasis on Deceptive Shots.
- Tactics in Singles, Doubles and Mixed Play.
- Pressure Training.
- Nutrition.
- Coaching of Children.

After the Camp, the visiting coach will be required to submit a detailed Report to COMEBA about his / her visit.

This would cover such features as the number and technical standard of the participants, their attendance and motivation, the coaching schedule / plan implemented during the Camp, the continuation plan of his / her tuition by the coaches within the hosting National Association / Federation as well as within their respective clubs, the prospects for the future etc...

2. GENERAL REMARKS / CONCLUSION.

Through the implementation of this Project, COMEBA would like to further enhance and strengthen the existing synergy with its several members for the development of Badminton in the Mediterranean region.

COMEBA is to be given prominence throughout each Camp as well as in any media write-ups that may be issued by the hosting National Associations / Federations in their respective countries.